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Food & Home

A Dairy-Free Tahini and Date Shake for Sweltering Summer Days

Written by: [Margaret Willes](#) | Published on: August 8, 2024

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Photo courtesy of Alex Lau

As a food stylist and recipe developer, Susie Theodorou has a knack for making dishes that not only taste great but look great, too. (You might have seen her work in Gwyneth's cookbooks or in shoots for goop Kitchen.) In her upcoming release, [No-Cook Cookbook](#) (September 24), Theodorou shows us that success in the kitchen doesn't have to depend on complicated prep—or a stove. Here, she applies her easygoing approach to dessert, with a [dairy-free shake](#) featuring tahini paste and rich medjool dates. It's simple, satisfying, and just what we want on a hot summer's day.

No-Cook



SUSIE THEODOROU

No-Cook Cookbook

Bookshop, \$27.90

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